

A Little Extra Traditional Chinese Medicine

Texts.

Shen Nong, The Red Emperor,
The Divine Farmer

Author of *Shen Nong Ben Cao Jing*
Canon of Herbal Medicine

Tasted plants himself.
* Died doing this.

Controlled experimentation

Qi (*chee*) – the energy throughout the universe which
pervades and flows within the body

Greek = pneuma

India = prana

The same logical and scientific medical methods were being
developed simultaneously in other parts of the world.

Food Cures. (Preventive and Curative)

Healing Carrot & Ginger Adzuki Bean Stew

Carrot: Neutral, weight control, cleansing

Ginger: Spicy. Anti-oxidant, anti-aging, lowers fever, eases pain, reduces inflammation

Adzuki Beans: Cold, sweet and sour, cleansing the gastrointestinal system.

<http://yoffielife.com/healing-carrot-ginger-adzuki-bean-stew/>

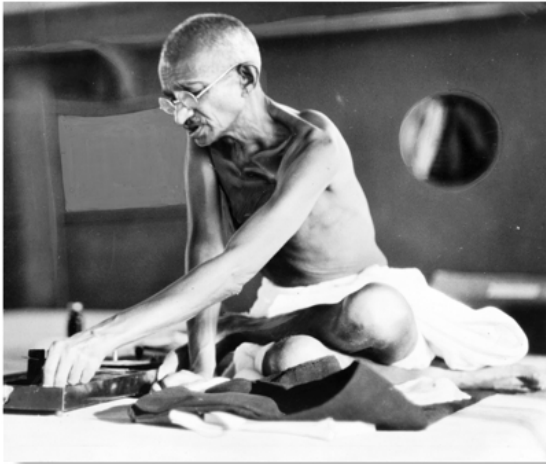
The Chipko Movement

Nature has enough for everybody's need but not for everybody's greed.

- Mahatma Gandhi

Origins

Ghandi and cloth and local industry



Globalism, colonialism, dependency ----
---- not a rejection of technology

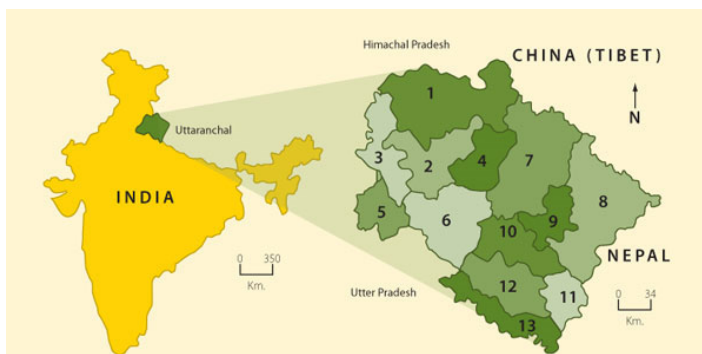
By law the flag of India must be made of *khadi*, which is a handspun natural fiber.

Key points

Global !

Resistance through local industry !

The Chipko Movement originated in the Chamoli District, Uttarakhand.



Nanda Devi National Park – several slides of digression away from the main topic.

Mountains and erosion.

1960 – C.P. Bhatt and unskilled and semi-skilled construction workers form a cooperative.

Road building.

Failed due to government corruption.

1964 - Dasholi Gram Swarajya Mandal (DGSM) workers' cooperative grows out of the failed construction cooperative.

Bid for rights to harvest wood. Eventually lose out to larger companies that harvest larger tracts.

Forest herbal industry. Sales to plains.

Resin tapping of pines, lost out to larger firms from the plains. Corruption again.

1970: Large scale flooding, commercial harvests and changing land use.

Digression: Honduras Resin Tapping

Resin tapping by individual, marketed by coops.

Cooperative ownership of forests.

Cooperative timber harvests.

Fight off municipalities and other government bodies that want the forests.

1971: acquire forest rights to harvest 10 ash trees used to make tool handles.

1973: some of DGSM's ash trees reallocated to Simon Company to make tennis rackets.

March, 1973: Simon Company agents show up to supervise ash tree harvest. They stay in a hotel owned by DGSM.

March, 1973: DGSM workers show up to prevent the harvest.



A long-running battle of shifting villages and trees allocated to the Simon Company. The company was resisted in village after village by the Chipko movement.

Most villages are dominated by women because men have migrated in search of jobs. Deceit was also used to get men to leave villages so lumbermen from the Simon Company could enter the forests and cut. Women defended the forests.



The village of Reni, a little girl, and Gaura Devi.



Eventually 450 square miles around Reni and Chamoli were protected. Only local harvests were allowed.

Community action and social development?

Environmental action?

Ecofeminism?

For a time everybody wanted to get involved.

“Our movement goes beyond the erosion of the land, to the erosion of human values. The center of all this is humankind. If we are not in a good relationship with the environment, the environment will be destroyed, and we will lose our ground. But if you halt the erosion of humankind, humankind will halt the erosion of the soil.”

-- C.P Bhatt